

UndocuQueer Health Resource Guide

Introduction:

"Unlike their heterosexual counterparts, LGBTQ youth often encounter barriers to accessing traditional support systems and resources. This Resource Guide outlines community resources in Los Angeles County that can help to improve access to these supports. When LGBTQ youth feel they are encircled with support from their peers, educators, and mental health professionals, their quality of life improves."

Mental Health & Support Groups

Bienestar Human Services – "Mpowerment is bienestar's community level intervention program targeting gay/bisexual Latino youth 18 to 24 at risk of HIV infection. For more information, call 323-727-7896, email info@bienestar.org or visit bienestar.org"





LGBTQ Advocacy & Training Program at Penny

Lane Centers - "Consists of therapeutic services including support groups, monthly socials and one-on-one rehab for clients experiencing issues with coming out, conflict resolution,

crisis intervention or school issues. Professional trainings are also held for staff to inform employees of best practices when working with LGBTQ youth. For more information, call 818-894-3384, email info@pennylane.org or visit pennylane.org"

Los Angeles LGBT Center – "Provides a broad array of services for the lesbian, gay, bisexual, and transgender community. The Center offers free and low-cost health, mental health, HIV/AIDS medical care and HIV/STD testing and prevention. The Center also offers legal, social, cultural, and educational services, with unique programs



for seniors, families and youth, including a 24-bed transitional living program for homeless youth. Located at 1625 N. Schrader Blvd, Los Angeles Ca 90028. For more information, call 323-993-7400 or visit lalgbtcenter.org"

IFEWORKS

Lifeworks LA - "Is a youth development program at the LALGBT Center. Offering one-onone, peer and group mentoring opportunities

including workshops and activities that are fun and educational for LGBTQ youth ages 12-24. Located at the LALGBT Center. For more information, call 323-860-7373, email lifeworks@lagaycenter.org, or visit lifeworksla.org"

LOS ANGELES GENDER CENTER (LAGC) –

"Offers counseling for individuals, couples and families, support groups, child and adolescent programs, workplace and school support, trainings and continuing education. For more information, call 310-475-8880, email staff@lagendercenter.com or visit lagendercenter.com"



<u>PASADENA PRIDE CENTER</u> – "Offers programs, services, events and referral services to support the well-being of the LGBTQ community in Pasadena/Gabriel Valley. Located at 234 N. Allen Ave, #17, Pasadena, CA 91106. For more information, call 213-631-0373, email info@pasadenapridecenter.org or visit pasadenapridecenter.org"

PROJECT Q AT THE VILLAGE FAMILY SERVICES -

"Provides supportive services aimed at LGBTQ youth, ages 14-20, and is led by specially trained staff who are sensitive to the unique challenges faced by sexual minority youth. The LGBTQQA Youth Peer Group gathers on a weekly basis for



empowerment, outreach, and peer support. The group meets every Thursday from 4:30 PM to 6 PM at the Drop-In Center. Registration is not required; you are welcome to just show up. Located at 6801 Coldwater Canyon, North Hollywood, CA 91605. For more information, call 818-755-8786, email ProjectQ@thevillagefs.org or visit thevillagefs.org"

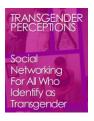


<u>THE OUTREACH CENTER-THE OUT PROJECT</u> – "Is open to gay, lesbian, bisexual, transgender, queer, questioning, pansexual, intersex, asexual, androsexual, gynosexual, and straight-ally youth ages 24 and younger. The Project promotes

education to empower and make aware, outreach to involve and share experiences, activities to socialize and network, activism to create change and equality and a community to support and heal. Located at 2010 West Avenue K, Suite #397, Lancaster, CA 93536. For more information, call 661-92-PRIDE, email info@outreachcenterav.org, or visit outreachcenterav.org"

THE LGBTQ CENTER LONG BEACH – "Offers HIV testing, drug and alcohol counseling, housing assistance, mental health and counseling services, social and support groups. Located at 2017 E 4th St., Long Beach, CA 90814. For more information, call 562-434-4455, email info@centerlb.org or visit centerlb.org"





TRANSGENDER PERCEPTIONS-LOS ANGELES LGBT CENTER -

"Is a peer led group for men and women across the gender spectrum offered by the L.A. Gay & Lesbian Center. For more information, call (323) 860-7302 M–F between 6–9pm or email converstion@lalgbtcenter.org or visit lalgbtcenter.org"

DRUG AND ALCOHOL COUNSELING-LOS ANGELES LGBT

<u>CENTER</u> – "Provides one-on-one counseling, group therapy and other services which help recovery from addiction to alcohol or drugs. For more information, call 323-993-7500, email mentalhealth@lagaycenter.org or visit lalgbtcenter.org"



Spirituality & Religion

WeHoChurch
West Hollywood Community Church

WEHO CHURCH – "Provides a Christian gathering for all Christians and Curious in a troublesome world. Special

outreach for gay, lesbian, bi and transgender people and all are welcome who want to come and join our worship. Located at 916 N. Formosa Ave, West Hollywood, CA 90036"

DIGNITY LOS ANGELES — "Is an independent lay organization that seeks to



reform the Catholic Church and society in general, mainly on issues regarding the sexuality of gay, lesbian, bi-sexual, and transgender (GLBT) persons, and also to minister to the spiritual (and other) needs of GLBT persons. For more information, call 323-344-8064, email info@dignitylosangeles.org, or visit dignitylosangeles.org"



AGAINST THE STREAM BUDDHIST MEDITATION

SOCIETY – "Against The Stream Buddhist Meditation Society works to create and sustain communities of healthy, accountable, wise and compassionate people from every walk of life. People from all racial, economic, sexual, social, political and religious backgrounds and preferences are welcome. Two locations in Santa Monica and East

Hollywood. For more information, call 323-665-4300, email service@againstthestream.org, or visit againstthestream.org"

BETH CHAYIM CHADASHIM – "Sustains a Jewish community for gay, lesbian, bisexual and transgender Jews. Located at 6090 West Pico Boulevard Los Angeles, CA 90035. For more information, call 3 23-931- 7023, email bcc@bcc-la.org or visit bcc-la.org"





METROPOLITAN COMMUNITY CHURCH LOS

ANGELES (MCC) – "Is a prophetic, liberating and progressive Christian community of faith that honors, values and welcomes all people. Rooted in the Lesbian, Gay, Bisexual, Trans, Queer, and Intersex communities, MCC preaches a relevant, vibrant and scripture-based message that embodies and celebrates everyone's spirituality and sexuality. Located at 4607 Prospect

Avenue, Los Angeles, CA 90027. For more information, call 323-669-3434, email info@mccla.org, or visit mccla.org"

General Health

Jeffrey Goodman Special Care Clinic

<u>LALGBT-CENTER-JEFFREY</u> <u>GOODMAN SPECIAL CARE CLINIC</u> –

"Provides LGBT-sensitive high quality HIV/AIDS treatment regardless of financial

situation. The clinic accepts various insurance plans. If you aren't insured or if your income is limited, staff will help you determine your eligibility for medical care and drug assistance programs. The clinic is staffed by HIV/AIDS specialists, including board-certified physicians, social services case managers, adherence counselors and a nutritionist. In addition to medical care, the Center's HIV/AIDS services include case management, mental health counseling, complementary therapies such as chiropractic care, nutritional counseling, and on-site laboratory services. We also have an on-site pharmacy and offer patients the opportunity to participate in a number of clinical trials. Located at the McDonald/Wright Building at 1625 N. Schrader Blvd, Los Angeles, CA 90028. For more information, call 323-993-7500, email healthservices@lalgbt.org or visit lalgbt.org"

VALLEY TEEN CLINIC – "Safe, comfortable health clinic for teens 12-19 run by a trained and certified staff of peers and licensed medical professionals. For more information, call 1-888-763-4070, email mail@teen411.com or visit teen411.com"





transyouthla.com"

plannedparenthood.org"

THE CENTER FOR TRANSGENDER YOUTH

HEALTH & DEVELOPMENT – "Is a program of The Division of Adolescent Medicine at Children's Hospital Los Angeles, provides prevention services for youth between the ages of 14-25 who are gender non-conforming, gender questioning, preparing fo r transition or actively transitioning. For more information, call 323-361-5372 or visit

PLANNED PARENTHOOD – "Delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide. To find a location, visit



Housing



LOS ANGELES YOUTH **NETWORK**

(LAYN) - "Empowers abused, neglected and homeless adolescents to become self-sufficient. LAYN provides street outreach. food. Hope & Homes for Runaway and Homeless Youth emergency shelter, a transitional living

program, and educational enrichment programs in a safe and nurturing environment. For more information, call 323-467-8466, email info@layn.org or visit layn.org"

CHILDREN OF THE NIGHT – "Is open to child prostitutes throughout the United States, and the Children of the Night hotline is ready and able to rescue these children 24 hours a day. We provide free taxi/airline transportation nationwide for RESCUING AMERICA'S CHILDREN



America's child prostitutes who wish to escape prostitution and live in our home. For more information, call 818-908-4474 or visit childrenofthenight.org"



YOUTH CENTER ON HIGHLAND – "Is a drop-in center for LGBT youth that provides case management, support groups, meals, clothing, laundry, showers, computer access and an educational/GED preparation center. The Center is located at 1220 N. Highland Ave. and is open M-F (8:30am-5:30pm) and Sat-Sun (8:30am-4:30pm). For more information, call 323-860-

2280, email youthservices@lalgbtcenter.org or visit lalgbtcenter.org/youth center."

COVENANT HOUSE CALIFORNIA - "Offers a live-in facility for LGBT homeless youth (18-24 years old). Services provided are short and long term housing, meals, health and medical services, mental health services, substance abuse counseling, recreation and employment opportunities. Located at 1325 N. Western Avenue Hollywood, CA 90027. For more information, call 323-461 -3131, email info@cocovenanthousecalifornia.org or visit covenanthousecalifornia.org."



Legal Issues

Legal Services

L.A. LGBT CENTER LEGAL CLINIC – "Offers oneon-one attorney consultations on a no- or low-cost bas is to those who need counsel regarding a wide-range of

legal issues, including but not limited to business, civil rights, consumer, criminal, employment, family, government benefits, immigration, insurance, landlord/tenant issues, personal injury, and wills and estates. We request a \$10 processing fee for the consultation, but no one will be denied services for lack of funds. For more information, call (323) 993-7670, email legalservices@lagaycenter.org or visit laglc.org/legalservices."

LAMBDA LEGAL – "Is the oldest and largest national legal organization whose mission is to achieve full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people



and those with HIV through impact litigation, education and public policy work. For more information, call 213-382-7600, or visit lambdalegal.org."



<u>UNDOCUMENTED & QUEER</u>
<u>TALKING CIRCLES-LONG BEACH</u>
IMMIGRANT RIGHTS COALITION –

"LBIRC currently runs talking circles for undocumented and queer youth,

examining the intersection of the LGBT and immigrant community. Talking circles are held on the second and fourth Thursday of every month at The Center, 2017 E. 4th St, from 6:30-8:30 pm. For more information, call 714-873-6898, email Miguel.Ibire@gmail.com or visit lbirc.org."

AMERICAN CIVIL LIBERTIES UNION

(ACLU) - LESBIAN, GAY, BISEXUAL,

TRANSGENDER PROJECT - "The mission of the ACLU LGBT Project is the creation of a society



in which lesbian, gay, bisexual and transgender (LGBT) people enjoy the constitutional rights of equality, privacy and personal autonomy, and freedom of expression and association. For more information, visit aclu.org/lgbt-rights."

School and Education



GAY-STRAIGHT ALLIANCE NETWORK

 "Is a national youth leadership organization that connects school-based Gay-Straight Alliances (GSAs) to each other and community resources through peer support, leadership

development, and training. For more information, email info@gsanetwork.org or visit gsanetwork.org."

GAY, LESBIAN, & STRAIGHT EDUCATION

NETWORK (GLSEN) – "Works to ensure that LGBT students are able to learn and grow in a school environment free from bullying and harassment. For more information, email



losangeles@chapters.glsen.org or visit glsen.org."



<u>WELCOMING SCHOOLS – A PROJECT OF</u> <u>THE HUMAN RIGHTS CAMPAIGN</u>

FOUNDATION – "Helps meet the needs of students whose family structures are not well represented or included in school environments, Welcoming Schools also provides tools to address bias-based name-calling and bullying. Additionally, it

offers a wide range of resources for schools to support students who don't conform to gender norms. For more information, visit welcomingschools.org"

<u>PROJECT 10 OF LAUSD</u> – "Helps parents with gender variant children with placement in supportive LAUSD schools, and provides help in negotiating to solve school problems encountered by gender variant children. For more information, email stephen.jimenez@lausd.net or visit project10.org."





REACH LA – "Through its media arts programs, REACH LA is committed to advocacy of LGBTQ youth rights, visibility for the LGBTQ youth of color community, fostering LGBTQ youth creative media expressions and building connections to existing resources. For more information, call 213-622-1650, email reachla@eathlink.net or visit reach.la."

<u>THE POINT FOUNDATION</u> – "Supplies financial support, professional guidance and a network of contacts for LGBTQ undergraduate, graduate and post-graduate students. Point also attempts to



identify students who have exceptional financial needs that would require personal assistance for personal success. For more information, visit pointfoundation.org."



PFLAG NATIONAL SCHOLARSHIP – "The PFLAG Scholarship program provides support for role models and pioneers around the country that are making schools safer for all students. For more **PFLAG** information, visit community.pflag.org/ scholarship."

FINAID - FINANCIAL AID FOR LESBIAN, GAY, **BISEXUAL & TRANSGENDERED STUDENTS –**







LEAGUE FOUNDATION – "The LEAGUE Foundation awards scholarships for lesbian, gay, bisexual, and transgender high school seniors who have a GPA of at

least 3.0 on a 4.0 scale and who are actively and substantially involved in community service. leaguefoundation.org"

MODELS OF EXCELLENCE SCHOLARSHIP –

"Friends of Project 10 Inc. Scholarship fund for Senior High School students from Southern California public, private and parochial schools who have advanced the civil rights



of the LGBT population. For more information, visit project10.org/scholarships.html."



GAMMA MU FOUNDATION

SCHOLARSHIPS – "The Gamma Mu Foundation awards \$19,000 in individual scholarships to gay men who want to continue their education beyond high school at a college, university, or through a vocational or professional training program.

The program supports a wide range of educational options, including vocational and technical training, as well as Associate's, Bachelor's and graduate degrees. For more information, visit gammamufoundation.org"